

Sample questions to guide discussion

Questions to ask the **Patient**:

- Do you have any concerns about your ability to drive?
- Have others voiced concerns to you about your ability to drive?
- Do you avoid driving in certain conditions e.g. at night, in busy traffic, in the rain?
- Do you feel you need to have someone in the car with you for familiar journeys?
- How far on average do you drive in a week?
- Do you take any medications that may make you less alert than usual?
- How often do you break the speed limit?
- Do you ever drive through red lights?
- Do you drive after drinking alcohol?
- Do you lose your temper easily with other road users?
- How often do you honk your horn, gesture or tailgate other drivers?
- Have you received any penalty notices for speeding/dangerous driving/other traffic violations in the last three years?
- Have you been involved in a traffic accident in the last three years? Who was at fault?

Questions to ask **Carer/family member**:

- Do you have any concerns about your relative's ability to drive?
- Have others voiced concerns to you about your relative's ability to drive?
- Have you noticed your relative avoiding certain driving situations e.g. driving in rain?
- Do you feel you need to accompany your relative in the car?
- On average how many miles would you say your relative drives in a week?
- Have you noticed your relative breaking the speed limit, or being unaware of red lights?
- Do they often lose their temper with other road users, tailgating or gesturing to them?
- Would you say your relative shows signs of impulsive or irritable behaviours?
- Does your relative regularly drive after drinking alcohol?
- Has your relative received any penalty notices in the last three years?
- Has your relative been in any accidents, or caused any accidents in the last three years?

Questions adapted from: Iverson, D.J., Gronseth, G.S., Reger, M.A., Classen, S., Dubinsky, R.M., & Rizzo, M. (2010). Practice parameter update: Evaluation and management of driving risk in dementia. *Neurology*, **74**, 1316-1324.